



New Jersey Law Librarians Association

September 2015 Brown Bag Luncheon and Book Discussion

Quiet: The Power of Introverts in a World That Can't Stop Talking

Moderated by Caroline Young, Associate Director for Public Services at Rutgers Law School

At least one-third of the people we know are introverts. They prefer listening to speaking, innovate and create but dislike self-promotion, and favor working on their own over working in teams. It is to introverts like Rosa Parks, Chopin, Dr. Seuss and Steve Wozniak, that we owe many of the great contributions to society.

In Quiet, Susan Cain argues that we dramatically undervalue introverts and shows how much we lose in doing so. She charts the rise of the Extrovert Ideal throughout the twentieth century and explores how deeply it has come to permeate our culture. She also introduces us to successful introverts – from a witty, high-octane public speaker who recharges in solitude after his talks, to a record-breaking salesman who quietly taps into the power of questions. Passionately argued, superbly researched, and filled with indelible stories of real people, Quiet changes how we see introverts and, equally importantly, how they see themselves.

This topic is particularly relevant for members of a field that is stereotypically viewed as introvert-dominated. Attendees are encouraged to read the book before the discussion, where they can share ideas and experiences and learn how others have dealt with similar challenges. Whether you read the book or not, all are welcome to participate in the discussion.

Since publishing Quiet, Susan Cain has since started Quiet Revolution, a for-profit company focused on the work, education and lifestyle of introverts. The company's website is:
<http://www.quietrev.com/>

If you can't read the book, watch Susan Cain's TED talk:
http://www.ted.com/talks/susan_cain_the_power_of_introverts

Please bring your own lunch. Drinks and dessert will be provided by the host.

DATE and TIME: Tuesday, September 22, 2015, 12 noon to 2PM

PLACE: Rutgers Law School, Library Conference Room (third floor of the library)

RSVP: By Thursday, September 17, 2015 to Caroline Young's
email: caroline.young.rutgers@gmail.com